

NATURAL LEARNING GOALS 2020-2021

ELLA **Student not comfortable with any form of Zoom meeting/online class

- Birds
 - Aviary for observation and hands on research
 - Flight simulator (would like to repeat Aviary experience or do another option)
- Hang gliding
 - Hang gliding course in Outer Banks
- Planets and the stars
 - Visit darkest place in U.S. (Nevada desert) to observe Milky Way
 - Observatory options
- Technology
 - Programming basics
 - Marble game that applies coding concept
 - Go further in explanation of binary and language of coding; apply to coding
- Butterflies
 - Life cycle: from caterpillars to butterflies
 - Get caterpillars to observe and do hands on research as they evolve into chrysalis then butterfly
- Learn How to Do Archery
 - Research experience options, classes
- Try the Violin
 - Check in with Bryce to see if Kathy's music offers trials or intro's to different instruments
- Start a Band
 - Family band
 - Interested in researching additional band options once in person is appropriate
 - Check in with Bryce to see if Kathy's Music students might be interested
 - Check in with FB groups
 - Explore family band option or friend band option (i.e., Gemma, Ariya)
 - Guitar store: rock camp
- Learn dance
 - Student will research area of focus
 - Youtube videos for self-instruction
 - In person class when appropriate
- Increase drawing skills
 - App with instructional videos to increase skills
 - Student will research specific app
- Learn lucid dreaming
 - Student researched steps to train self to lucid dream

- Purchased dream journal
 - Set timeframe for beginning training (i.e., when room is ready)
- Learn martial arts and the art of being a ninja (i.e., quiet, conscious, controlled movement)
 - Student watched video on becoming a ninja
 - Youtube intro videos to gain understanding of basics
 - Follow up with Apple Fitness to research as potential martial arts program with prerecorded videos
 - In person when appropriate (i.e., Premier Martial Arts)
- Learn another language
 - Japanese
 - Duolingo app
 - Research best online resources for learning Japanese
- Learn wood carving, wood burning, wooden signs
 - Previously purchased wood burning kit
 - Research online sources for instruction
 - Beginner's guide class in person?

** revisit with student 9/24 for more learning ideas

NATE **student's comfort level with online classes: not comfortable with online or Zoom learning

- Quad
 - Online research of types/comparison of quads ✓
 - How to drive one
 - Research options for renting a quad for an off road course experience
 - Off road experience (minimum in dirt or backyard) for fun not competition
 - Mines and Meadow ATV/RV Resort—Trails, ATV Riding & Dirt Bike Riding experience
 - Research dirt bike safety attire (cost, options)
 - Research kids version of quad
 - Razor Dirt Quad

- Learn about NASA
 - Research NASA visitor centers
 - 14 centers around the U.S.
 - <http://www.visitnasa.com/nasa-visitor-centers>
 - Kennedy Space Center (Florida)

FIONA **student not comfortable with Zoom class format

- How to make cupcakes
 - From mix vs. from scratch
 - With bakers tools (icing bags and special tops to make swirls)
 - Decorative items to “make them look delicious”
 - Have taste testing for Ella and Nate with final products
 - **Would like to conduct baking and taste test at birthday (10/23)
- Wondering how technology works
 - Still wondering a little
- Learn to cook
 - Everything
 - Now with me
 - When appropriate in person cooking class
 - Mom and me cooking class
- Learn to sew
 - Sew by hand and sewing machine
 - Animals, pillows, blankets
- Something really active
 - Bounce or trampoline park when appropriate
 - Hearthsong’s Giant Inflatable Dome Rocker
 - <https://www.hearthsong.com/en/narrow-by/see-what%27s-new/rock-with-it%21-giant-inflatable-dome-rocker/p/733451>
 - Exercise room equipment?
 - Rock climbing wall set up
 - See Etsy favorite save
 - Ninja Warrior Obstacle Course For Kids

GROUP GOALS

- Website
 - Categories: reading logs per student, field trip Fridays, objectives, images, calendar?, links to community projects
- Ongoing Community Giving Back Project
 - Option 1: Partners In Health

 - Option 2: Cuddle + Kind (10 meals per toy purchase)

 - Option 3: Place/Organization for individuals who have lost their job

 - Research additional organizations
 - Nose 2 Tail Cat Rescue

- Premier Martial Arts
 - Private introductory class into martial arts when safe to do so
- Book Club
 - Food Friday followed by Book Club/Tea Time
- Classroom Pet
 - Russian Tortoise?
 - Ferrets
- Monthly financial gifts to organizations
 - Research options
 - Decide on amounts, set up gifts, send gifts
- Self-Care
 - Ongoing attempts to implement on daily basis
 - Lists created by everyone for self
 - Lists of Calming Strategies on poster of Peace Table
 - Happy Corners/Boxes in bedrooms
 - Peace Table
 - Sand trays
 - Play kits to take to quiet designated place (i.e., tent in room?)
- Travel goal locations:
 - Future:
 - Hawaii (Fi)
 - Australia
 - ~~Spring 2020~~
 - Austin, Texas
 - Washington D.C.
 - ~~Summer 2020~~
 - Washington, D.C.
 - State Park
 - Montana Dude Ranch experience
 - Oregon Beach

- Other West Coast Beach destination
- Lake Tahoe
- Main or similar beach destination
- Summer 2020 Day or Overnight Trips
 - Wolf rescue area
 - Other:
- ~~Fall 2020~~
 - Florida return
 - Vero Beach
 - Med resort
 - Key West
- ~~Winter 2020~~
- All travel other canceled until further notice as of March 2020**

WEEKLY OPTIONS:

Greatness Mondays:

- Learn a new word (in English or another language); culture day where each month we learn about a culture; awesome people day where we learn about people who have done great things (i.e., Ruth Bader Ginsburg, Black entrepreneurs/inventors/activists, Indigenous people/tribes, astronauts, archeologists, kids...); ...

Crafty Tuesdays:

- Arts/Crafts
 - Participate in art/craft project including puzzles
 - Learn about art genre, skill, person
 - Chinese Ink Drawing: learn about art specific to a culture

Music Day Wednesdays:

- Learn instruments with Ella
- Online concert options
 - Prerecorded live concerts to listen to/watch as we work
 - YouTube stations to find new music or artists
- Pick an instrument to learn about
- Pick a genre of music
- Pick a culture to learn about instruments, music specific to
- Family band practice

Active Adventure Thursdays:

- Try a new exercise (i.e., boxing, martial arts, yoga, meditation, tai chi, KB, rock climbing, arial yoga, etc)
- Obstacle course
- Outdoor fun/exercise (i.e., hike, climb a tree, find waterfalls, look at fall leaves, rate best park, explore Botanical Garden more, ...)

Friday Foodie (see additional word doc)/Book Club:

- Renamed Fun Food Friday per group discussion

Fun Food Friday

- Research recipes
- Purchase ingredients with grocery order set by Tuesday before
- Primary chef or Chef of the Day with rest of group serving as assistants